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De-stressing spa getaways for less

Because you deserve to be pampered! Deals starting at \$259 a night



updated 10:03 a.m. ET,Thurs., Nov . 5, 2009

Book by: ASAP

Travel by: Select dates through July, 2010

The deal

Put the kibosh on unnecessary stress. When a hot bath and cucumber slices just don't cut it, let spa professionals step in to rub that tension away. We've done our homework and found five excellent spa vacations, including a ShermansTravel.com exclusive, that will get you out of town and leave you feeling utterly revitalized. Choose from resorts in Colorado, Florida, and Mexico and incorporate some beach or ski time into your spa getaway. Rates start at \$259/night, but returning home revitalized and fresh? Priceless. Besides, those cucumber wheels belong in your salad — not on your eyes.

Vail, Colorado: Snow tubing & spa package from \$329/night

The ski-resort town of Vail, **Colorado** is a winter haven for outdoor enthusiasts. Hit the slopes and, after, soothe those aching muscles with a sumptuous spa treatment. The Arrabelle at Vail Square, located at the foot of Vail Mountain, is offering an irresistible ShermansTravel.com exclusive package that includes overnight accommodations, one revitalizing 50-minute massage per person (valued at \$290), as well as one incredibly fun snow-tubing session per person (a \$50 value). Rates start at \$329/night, and even though a two-night minimum stay is required, this offer is still a steal considering

hotel accommodations alone usually start around \$269. This package is valid from November 17 through December 20. Don't forget to mention Sherman's Travel when booking.

Riviera Maya, Mexico: 4-night spa retreat from \$1,297

Mexico's tropical climate, sandy beaches, and azure waters allow visitors to temporarily make their hectic lives a distant memory. The Madarin Oriental Riviera Maya resort is offering a spectacular deal from now through December 18 that will allow guests to stimulate their senses with a number of rejuvenating retreats to the top-notch 25,000-square-foot spa. Priced from \$1,297, this package includes a 4-night stay with daily breakfast, a welcome drink upon arrival, and round-trip airport transfers, not to mention an array of spa treatments: One Mayan Herbal Foot Scrub, a **De-Stress Ultimate Body Treatment**, and a **Mayan Tzolkin Ritual**. The

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pampering doesn't stop there. Guests will also attend a **Temazcal Ritual**, Janzu (an underwater massage), **Oriental Harmony**, as well as receive a special spa amenity.

Quebec, Canada: 2-night spa package from \$472

Feeling a little washed up? Give your body and mind a little "TLC" at the Le Baluchon Inn located in the French-speaking province of Quebec, **Canada**. The cozy, contemporary inn is set amid a beautiful, sprawling countryside with miles of nature trails, and houses an exquisite spa. From now through July 14, 2010, the inn is offering the Complete Harmony Package, starting for as little as \$472 per person, which includes a two-night stay, daily breakfast, one Swedish massage, a marine algae body wrap, and a reflexology treatment. The package also includes one light lunch, and two five-course table d'hote menu dinners.

Jackson Hole, Wyoming: Ski & Spa package from \$362/night

Head to the luxurious Snake River Lodge & Spa in stunning Jackson Hole, **Wyoming**, for some relaxation and adventure. From November 27 through April 5, 2010, this property is offering the Holiftic Ski Package to guests who are half adrenaline-junkie, half spa-aficionado. Let your skis slice through the soft, powdery snow during the day and after, treat your tense muscles to an invigorating deep-tissue rub-down at the 17,000-square-foot spa. With this package, you'll stay four nights at the deluxe lodge with daily breakfast, receive three full-day lift tickets for two people at Jackson Hole Mountain, as well as one 50-minute custom massage each day per person. Rates start at \$362/night.

Fort Lauderdale, Fla.: Atlantic Hotel Spa package from \$259/night

Fort Lauderdale is home to sun, sand, surf, and

sumptuous spas — four things we can't get enough of. The Atlantic Hotel is currently promoting a spa package that gives new meaning to the phrase "treated like a king and queen." Valid until December 31, this package includes a complimentary upgrade to a Grande Deluxe Oceanfront guest room with private balcony, as well as 20 percent off all spa services. To top it off, guests will receive \$100 spa credit per day. Take your pick from basic facials to full body scrubs and wraps. Rates start from \$259/night.

The dollars

Priced based on double occupancy. Taxes and fees are additional.

The catch

You'll never want to go back to those at-home spa treatments again.

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